2015 Green/Iowa/Lafayette 4-H Summer Camp

Upham Woods, Wisconsin Dells

Sunday, June 7 ~ Tuesday, June 9

Campers in grades 3-6, as of the 2014-2015 school year. Youth will participate in activities that focus on the environment along with crafts and recreational programs.

Camp Cost is $100

Registration Deadline is May 1.

Register early--Green County has a limit of only 30 camper spaces!

Checks should be made to the Green County 4-H Adult Leaders

Submit your Camp Fee to:

Green County 4-H
2841 6th St.
Monroe, WI 53566

Register online TODAY at wi.4honline.com.

Questions??? Contact Ellen Andrews, 4-H Youth Development Educator at 328-9440 or ellen.andrews@ces.uwex.edu.

What is 4-H Camp?

4-H Summer Camp takes place at Upham Woods, north of Wisconsin Dells, and is led by UW-Extension 4-H Youth Development professionals from Green/Iowa/Lafayette Counties. All activities are supervised by UW-Extension staff, adult 4-H chaperones and/or youth volunteer staff. Bus transportation is provided, with an estimated departure time of 10am Sunday, June 7th, and returning at 1pm, Tuesday, June 9th.

4-H Camp is a three day co-educational program for 4-H youth, grades 3-6, from Green, Iowa and Lafayette Counties. Campers experience a wide variety of activities. Some encourage individual competition while others provide teamwork. There are quiet times and noisy times. There are many opportunities for new friendships and to belong to a group, as well as to develop new skills and interests.

This program provides a great opportunity to develop leadership and cooperation skills, build responsibility and independence, and learn about our natural world in a safe environment with trained individuals. Please see the reverse side of this form for more information about camp programs, cost, facilities and staff.

If your child needs accommodations to fully participate in any part of the camping experience, please indicate when registering online through your 4HOnline account. We want each child who attends to enjoy the experience!
4-H Camp Activities

At summer camp you will enjoy a variety of fun camp activities planned by camp youth and adult staff.

**Arts and Crafts:** Use your creative abilities to make fun things and express yourself.

**Recreation:** Have fun to getting active with other campers in large group games and sports, which may include running and personal contact with other participants.

**Canoeing:** Refresh yourself by canoeing on the lovely Wisconsin River. A certified lifeguard is present during all waterfront activities and all participants must wear a PFD while in any watercraft.

**Nature:** Explore the many natural wonders in and around camp such as the nature trails, streams, animal tracks, birds, and trees. Nature may include hiking on uneven terrain or opportunities to go on a night hike with adult supervision.

**Campfires & Circle Dancing:** Enjoy celebrating with music, skits, storytelling, and entertainment.

Camp will offer a variety of other activities including scavenger hunts, eco-exploring, and possibly archery. In some group activities, it may be necessary of a volunteer to have physical contact with a youth, to properly position a camper or secure a PFD, but only with child’s permission.

**Camp Fee**

$100 for Green County 4-H members

Camp fees cover lodging, meals, snacks, crafts, camp t-shirt, transportation, a ride on the WI Ducks, other activities, and insurance.

**Refund Policy:** A complete refund will be made to you if you cancel before the registration deadline. No refund is given after this time, except for prorated refunds in case of major illness, accident, or death in the family.

**Financial Assistance:** Camperships (50 percent of the 4-H camp fee) are available for 4-H members needing financial assistance. For more information, check the appropriate box on the registration form. This information will be kept confidential by UW-Extension staff.

Upham Woods & Camp Staff

Camp Upham Woods ([http://fyi.uwex.edu/uphamwoods/](http://fyi.uwex.edu/uphamwoods/)) is a recreational and natural resource complex. It is part of Cooperative Extension Programs of the University of Wisconsin System. The Center deals with principles in youth development and leadership. Upham Woods functions all year round with the aid of both a permanent staff and an intern staff.

Located on the Wisconsin River just north of Wisconsin Dells, Upham Woods consists of 318 acres of woodlands. The facility is made up of thirteen buildings that supply lodging, meals and activity resources.

The main lodge, nature center, craft barn and waterfront are located at the base of a hill. The cabins are located at the top of a steep hill, along with a bath house, with individual showers and bathroom facilities.

Youth are assigned to cabins by gender and age. Each cabin has bunk-beds for 12-14 campers, one or two high school age youth staff, and enrolled 4-H adult volunteer chaperones. Campers will help clean their cabin and bunk.

A large dining hall with a modern kitchen is at the center of the camp. Wholesome meals are served family style. Food and milk are plentiful. Campers help set and clean tables.

A health coordinator who is trained in first aid and CPR is on duty at all times to handle minor health and safety needs. The coordinator can only administer medications sent with the camper and as directed on the Youth Event Health form. The Dells Delton EMS is ready to handle any emergencies. Campers are covered by accident insurance.

The camp staff consists of paid Upham Woods staff plus adult volunteers who serve as chaperones, role models, and activity directors. All of the adult volunteers are enrolled 4-H volunteers and have completed youth protection training and background checks. We have a maximum ratio of ten youth to every one adult.